

2026

STATE FALL GAMES

GLENS FALLS, NY

HANDBOOK



**Special
Olympics**
New York



<i>Venue</i>	<i>Location/ Address</i>
Adirondack Sports Complex—Softball Team/Skills & Bocce	326 Upper Sherman Avenue, Queensbury, NY 12804
Cole’s Woods—Cross County Running	600 Glen Street, Glens Falls, NY 12801
Warren County Municipal Center - Cycling	1340 US-9, Lake George, NY 12845
Skidmore Van Lennep Riding Center—Equestrian	145 Daniels Road, Saratoga Springs, NY 12866
Brookhaven Golf Course—Golf & Golf Skills	333 Alpine Meadows Road, Porter Corners, NY 12859
Morse Athletic Complex—Soccer Team/Skills & Softball Team	267 Sherman Avenue, Queensbury 12804
Glens Falls City Park— Opening Ceremonies & Health Programs	42 Ridge Street, Glens Fall, NY 12801



Sports Offered: Bocce • Cross Country Running • Cycling • Equestrian • Golf • Soccer • Softball

Friday, October 16th

Time	Event	Location
1:00 pm - 5:00 pm	Delegation Check-in	Queensbury Hotel - 2nd floor
4:30 pm - 6:30 pm	Dinner	Queensbury Hotel, ADK Rooms
4:30 pm - 7:15 pm	Healthy Athletes	Glens Falls City Park- Maple St
6:00 pm - 7:15 pm	Honored Guest Rec	Queensbury Hotel, Gold Room
6:00 pm - 6:30 pm	HOD Meeting	Queensbury Hotel, Warren Rm
7:30 pm - 8:30	Opening Ceremonies	Glens Falls City Park

Saturday, October 17th

Viewing times listed below - check event schedule packet for sport competition times

Time	Event	Location
6:00 am - 7:30 am	Breakfast	All Hotels
8:30 am - 3:00 pm	Equestrian	Skidmore, Van Lennep Riding
8:30 am - 3:30 pm	Golf and Golf Skills	BrookHaven Golf Course
8:30 am - 4:00 pm	Football (Soccer)	Morse Athletic Complex
8:45 am - 4:00 pm	Softball	ADK Sports Com & Morse Com
10:30 pm - 2:00 pm	Cycling	Warren County Municipal Ctr
9:00 am - 3:30 pm	Bocce	ADK Sports Complex
10:00 am - 1:00 pm	Cross Country Running	Cole’s Woods
10:30 am - 1:00 pm	Lunch Distribution	All Competition Venues
10:30 am - 1:30 pm	Health Programs	Morse Field

Bocce Competition

Schedule subject to change

Venue: **ADK Sports Complex (inside Dome)**
326 Sherman Avenue
Queensbury, NY

Bocce Schedule	
Time	Event
6:30 AM	Facility Open
7:00AM	Sport Director, Venue Captains, Volunteer Check-In Crew Arrival
8:00 AM	Volunteer Arrival
8:15 AM	Athletes & Coaches Arrive
8:45 AM	Coaches Meeting
8:45 AM	Volunteer Meeting
9:00 AM	Competition Begins
11:00 AM – 1:00 PM	Lunches Available
3:00 PM	Competition Ends
3:00 PM	Awards & Closing Ceremonies
3:30 PM (Approx.)	Departure

Cross Country Running Competition

Schedule subject to change

Venue: **Cole's Woods**
600 Glen St.,
Glens Falls, NY 12801

Cross Country Schedule	
Time	Event
7:30 AM-8:30 AM	Sport Director Course Preview & Final Setup
7:45 AM	Facility Open
8:00 AM	Sport Director Team & Venue Captain Arrival
8:30 AM	Cross Country Running Volunteer Arrival
8:45 AM	Cross Country Running Volunteers meet at starting tent
9:00 AM	Flex Team Volunteer Arrival
9:15 AM	Athletes & Coaches Arrive
9:30 AM	Coaches Meeting (at finish line)
10:00 AM	5k Race
11:00 AM	3k Race
12:00 PM	Lunch
12:00 PM	Awards

Cycling Competition

Schedule subject to change

Venue: **Warren County Municipal Center**
1340 US-9,
Lake George, NY 12845

*Please do NOT use the main entrance to the Municipal Center.
All cars and busses must enter from the
Glen Lake Rd direction off of Rte 9.*

Cycling Schedule	
Time	Event
8:00 AM	Facility Open, Sport Director, Venue Captain & Volunteer Check-In Crew Arrival
8:15 AM	Flex Team Volunteers Arrive
8:30 AM	Cycling Volunteers Arrive
9:30 AM	Athletes & Coaches Arrive
9:45AM	Coaches Meeting
10:00AM	Competition Begins
11:00 AM-1:00PM	Lunches Available
2:00PM	Awards
3:00PM	Departure

Equestrian Competition

Schedule subject to change

Venue: **Skidmore College—Van Lennep Riding Center**
 145 Daniels Road
 Saratoga Springs, NY

Equestrian Schedule	
Time	Event
6:30 AM	Building Open / Sport Director Arrival
7:00 AM	Volunteer Check-In Arrival
7:30 AM	Volunteers Arrive
8:00 AM	Athletes & Coaches Arrive
8:15 AM	Coaches Meeting
8:30 AM	Athlete Walkthrough
8:45 AM	Competition Begins
11:00 AM – 1:00 PM	Lunches Available
2:30PM	Awards
4:00 PM (Approx.)	Departure

Golf Competition

Schedule subject to change

Venue: **Brookhaven Golf Course**
333 Alpine Meadows
Porters Corners, NY 12859

Golf Schedule	
Time	Event
6:30AM	Facility Open
7:00 AM	Sport Director & Venue Captain Arrival
7:15 AM	Volunteer Check-In Crew Arrival
9:00 AM	Volunteers Arrive
9:00 AM	Athletes & Coaches Arrive
9:30 AM	Coaches Meeting Team
10:00 AM	Competition Begins
11:00 AM – 1:00 PM	Lunches Available
3:00 PM	Awards
3:30 PM (Approx.)	Departure

***Please follow all instructions from the
Sport Director and event staff in the event
of a frost delay.***

Golf Skills Competition

Schedule subject to change

Venue: **Brookhaven Golf Course**
333 Alpine Meadows
Porters Corners, NY 12859

Golf Skills Schedule	
Time	Event
6:30 AM	Facility Open
7:00 AM	Sport Director & Venue Captain Arrival
7:30 AM	Volunteer Check-In Crew Arrival
9:00 AM	Volunteers Arrive
9:00 AM	Athletes & Coaches Arrive
9:30 AM	Coaches Meeting Team
10:00 AM	Competition Begins
11:00 AM – 1:00 PM	Lunches Available
3:00 PM	Awards
3:30 PM (Approx.)	Departure

***Please follow all instructions from the
Sport Director and event staff in the event
of a frost delay.***

Soccer Team Competition

Schedule subject to change

Venue: Morse Athletic Complex
Sherman Avenue
Glens Falls, NY 12801

Soccer Team Schedule	
Time	Event
6:30 AM	Facility Open
8:00 AM	Sport Director & Venue Captain Arrival
8:30 AM	Volunteers, Athletes and Coaches Arrive
9:00 AM	Pairing Games
	Coaches Meeting Following Pairing Games
10:00 AM	Competition Begins
11:00AM - 1:00PM	LUNCH
2:00 PM	Awards
3:00 PM	Departure

***Please follow all instructions from the
Sport Director and event staff in the event
of a frost delay.***

Soccer Skills Competition

Schedule subject to change

Venue: Morse Athletic Complex

267 Sherman Avenue

Glens Falls, NY 12801

Soccer Skills Schedule	
Time	Event
6:30 AM	Facility Open
9:00 AM	Sport Director & Venue Captain Arrival
9:30 AM	Volunteers Arrive
10:00 AM	Athletes and Coaches Arrive
10:15 AM	Coaches Meeting
10:30 AM	Competition Begins-Prelims
11:00 AM - 12:00 PM	LUNCH
12:00 PM-2:30 PM	Finals
2:30 PM	Awards
Approx 2:45 PM	Departure

***Please follow all instructions from the
Sport Director and event staff in the event
of a frost delay.***

Softball Skills Competition

Schedule subject to change

Venue: ADK Sports Complex
326 Upper Sherman Avenue
Queensbury, NY

Softball Skills Schedule	
Time	Event
6:30 AM	Facility Open
8:30 AM	Sport Director / Venue Captain Arrival
9:00 AM	Volunteers Arrive
9:30 AM	Athletes and Coaches Arrive
9:45 AM	Coaches Meeting
10:00 AM	Competition Begins-Prelims
11:00 AM - 12:00 PM	LUNCH
12:00 PM-2:00 PM	Finals
2:00 PM	Awards
Approx 2:30 PM	Departure

***Please follow all instructions from the
Sport Director and event staff in the event
of a frost delay.***

Softball Team Competition

Schedule subject to change

Venue: Morse Athletic Complex

Sherman Avenue
Glens Falls, NY 12801

AND ADK Sports Complex

326 Upper Sherman Avenue
Queensbury, NY

All teams will start at Morse. After pairing games, teams will be assigned a location after, shuttles are provided to move teams between locations.

Softball Team Schedule	
Time	Event
6:30AM	Facilities Open
7:00 AM	Sport Director, Venue Captain & Volunteer Check-In Arrival (Morse)
7:30 AM	Pairing Games Volunteer Arrival (Morse)
7:45 AM	Athletes & Coaches Arrive
8:00 AM	Coaches Check in (Morse)
8:30 AM	Pairing Games (Morse)
9:30 AM	Scorekeeper Volunteer Arrival then Training (both locations)
Following Pairing games	Coaches meeting (Morse)
10:00 AM	Competition Starts (Some divisions stay @ Morse, others go to ADK)
11:00 AM – 1:00 PM	Lunches Available (both locations)
3:00 PM	Awards (both locations)
4:00 PM (Approx.)	Departure (both locations)

Softball Team Competition Shuttle

EVENT	VENUE	PICK UP TIME	VENUE	DROP OFF TIME	RETURN TIME
Softball Shuttle Buses to fields after divisoning	Morse Athletic Complex 267 Sherman Ave, Queensbury, NY	9/9:30 AM	ADK DOME 326 Upper Sherman Ave, Queensbury NY	9:45 AM	4/4:30

Please follow all instructions from the Sport Director and event staff in the event of a frost delay.

ALL Sports Day Trip Coach Expectations:

- **Venue Arrival.** Upon arrival at your competition venue, please locate and check in with the on-site Special Olympics New York staff. Staff will be identifiable by official uniforms.
- **Confirm Registration Details.**
 - Confirm that the athlete list on file is accurate.
 - Report any last-minute changes that occurred during travel that morning.
- **Communicate Through HOD.**
 - Any changes prior to the morning of travel should be communicated through your HOD.
 - Changes not communicated prior to the start of competition could have a range of implications. We will always do our best to be accommodating, however some changes or accommodations may not be possible depending on the status of the event.

Please do everything you can to follow this process to ensure a smooth and enjoyable competition for all involved. We appreciate your efforts and understanding

Departure Plan



ALL regions except for Western will be departing home at the end of competition on Saturday, October 17th.

Cleaning Stations: we will have changing tents at Morse for anyone who would like to change and get cleaned up before loading the buses. body wipes will be provided.

ADK Dome folks can use the bathrooms, body wipes will be provided at every venue.

Volunteers will be on hand to help load the buses at Morse Field at the end of the day.

Housing Addresses

Control Center, Delegation Check-in, Dinner, Opening Ceremonies	The Queensbury Hotel 88 Ridge St Glens Falls, NY 12801
Western Region	Fairfield Inn & Suites 21 Big Boom Rd Queensbury, NY 12804
Genesee Region	Skyline 2452 State Hwy 9N Lake George, NY 12845
Hudson Valley Region	Spark 1454 US-9 Lake George, NY 12845
Sothern Tier Region	Country Inn & Suites 1130 US-9 Queensbury, NY 12804
New York City	Comfort Inn 4054 NY-9L Lake George, NY 12845
Long Island	Holiday Inn 216 Corinth Rd Queensbury, NY 12804
Central Region	Sleep Inn 906 US-9 Queensbury, NY 12804

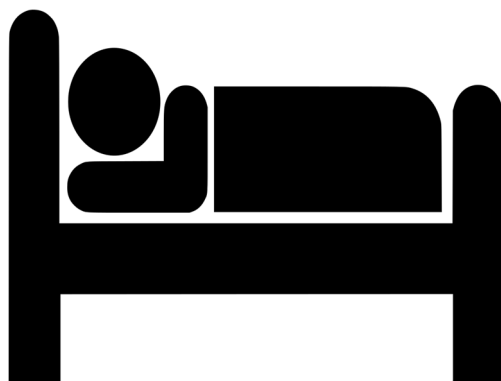
Overnight Travel Guidance

Special Olympics New York (SONY) has implemented a delegation curfew for overnight events establishing restful quiet hours for sleep as well as the safety of our athletes and delegation members. Curfew times will be set by the Games Director for each overnight, communicated in the Games Handbook and reviewed at the HOD meeting(s).

Each delegation will appoint a HOD and Assistant HOD(s), one for each housing property assigned to the delegation.

In addition, each delegation will appoint one Special Olympics regional staff member to be the regional On-call. The HOD(s) and On-call will work collaboratively to monitor curfew and overnight safety. SONY Control Center is always available for support and emergencies throughout the Games.

The Control Center will maintain a curfew check-in report for each overnight. Each Region will list the HOD(s) and On-call names, including cellphone contact information on this form. Curfew check-in will be monitored by the Control Center.



Curfew Check-in Process:

- ⇒ At the designated curfew time for each overnight, athletes and delegates will return to their assigned rooms and prepare for bed.
- ⇒ **15 minutes** past curfew (10pm) the HOD at each housing location will complete a room check for each delegate in their delegation, assuring that room assignments are complete, delegates are present and preparing for bed.
- ⇒ HOD(s) to monitor curfew and room checks for a minimum of **30 minutes** past the designated curfew.
- ⇒ At any time, should room check prove problematic, the HOD(s) should notify the regional on-call staff for support. Room checks to be repeated **10 minutes** after disturbances, until check is clear.
- ⇒ HOD(s) notify Control Center of clear check status before they retire for the night. Ideally this would be **30-45 minutes** past scheduled curfew. Control Center: Phone: (315) 320-7820
- ⇒ If there is a problem or unresolved concern, HOD or staff On-call notify the control center **immediately**.
- ⇒ Control Center will notify Games Director of all-clear upon HOD final check-in or alternatively **45 minutes** past designated curfew if delegations fail to check-in.
- ⇒ In the event of a failed curfew check-in, Games Director will work with the HOD and On-call staff to resolve issues and assure safety.
- ⇒ Curfew Check-in will remain active **throughout the overnight** until safety related concerns are resolved.

Meal Schedules

Friday, October 16th - Athletes & Coaches

Dinner will be indoors in the Queens ballroom and ADK ballroom. Coaches, staff, and volunteers should monitor the amount of food & beverages athletes are consuming, especially prior to competitions. Everyone must bus their own dishes to the designated tray return station when they exit the dining area.

Dinners are for the Athletes and Coaches only. Check in will be done at the door—please be prepared to show credentials/wristbands.



Temporary badges will be at Delegation Check in and at the control center for registered delegation members only.

Steps to enjoying your evening:

1. Arrive on site & go straight to dinner, we have a lot of people to feed in a tight time.
2. Enjoy your dinner
3. Visit Healthy Athletes

IF dining is full you will be redirected to Healthy Athletes first to avoid lines - please follow instruction from volunteers.

4. At 7:15 PM head to athlete line up for staging for Opening Ceremonies which starts at 7:30
5. Find your region sign for ATHLETE line up and get ready for Opening Ceremonies!

Saturday, October 17th - Athletes & Coaches

A hot breakfast will be served at each hotel location.

**Eat where you compete!
Lunches served at each sport venue**

Opening Ceremonies

Opening Ceremonies will be held outside standing in Glens Falls City Park at **7:30 PM**. It is located directly in front of the Queensbury Hotel, our host for dinner. Please dress for Fall weather.

At Opening Ceremonies, local programs will be marching in under the Regional Banner. Below is a list of county based programs and the regions they fall under. When lining up for the Ceremony, please look for your regional banner.

Volunteers will be at the line-up to help organize . Thank you for your cooperation and please enjoy the ceremony!

1. GENESEE REGION
2. CENTRAL REGION
3. NORTH COUNTRY REGION
4. WESTERN REGION
5. NYC REGION
6. LONG ISLAND REGION
7. SOUTHERN TIER REGION
8. HUDSON VALLEY REGION
9. CAPITAL DISTRICT REGION

Please be advised of the following during Opening Ceremonies:

Flashing Lights
Police Sirens
Loud Music

Quiet & Sensory room – Friday, October 16th,
Queensbury Hotel, Albany Room

We will have a sign language interpreter up front at OC.
Feel free to stay up front with us that night.

Health Programs

Friday, October 16th Athletes & Coaches

4:30pm-7:15pm Glens Falls City Park

Come out to our Healthy Athletes event before opening ceremonies to receive free healthcare screenings and giveaways!

IF dining is full you will redirected to Healthy Athletes first to avoid lines, please follow instruction from volunteers.

We will have our competition readiness - Performance Stations and local medical professionals/students providing free preventative health screenings in five different Health disciplines:

Performance Stations

Prepare for competition by visiting our Hydration, Nutrition, Physical Activity, Game Day Minds and Competition Readiness stations. Athletes will learn healthy game day routines to set themselves up for success at competition on Saturday and receive a water bottle/flavored seltzer, healthy snacks, hand warmers, stretching straps, and more!

Fun Fitness

Learn about your flexibility, strength, balance, and aerobic fitness. Our volunteers will provide guidance and exercise recommendations to prevent and reduce the risk of injury and help you be the best athlete you can be! Receive a massage ball and resistance band giveaway after your screening.

Health Promotion

Learn how to maintain an advanced level of fitness and wellness by developing healthy habits in nutrition, hydration, tobacco avoidance, sun safety, and hand washing. Grab some healthy snacks, lip balm, hand sanitizer and more to help you stay fueled!

Special Smiles

Receive a free dental screening, learn how to correctly brush and floss your teeth, get a mouthguard, and grab a free toothbrush, toothpaste, and floss to use at home!

Strong Minds

Stop by to learn about adaptive coping skills and strategies to maintain emotional wellness. Athletes will practice relaxation breathing, muscle relaxation, positive messaging, and more! Don't forget to take a stress ball, worry stone, and breathing exercise tool with you to practice healthy habits at home!

Fit Feet

Learn about foot health and the best footwear to use in training and competition. Athletes will receive an ankle and foot assessment, tips on the best shoes for their sport and get some shoe deodorizers and moisturizer to go!

Council on Developmental Disabilities Survey

Athletes, Unified partners and coaches will get a free Special Olympics NY ear warmer if they complete our optional CDD survey. NYSCDD is a sponsor of our Special Olympics NY Health Programs.

If an athlete is identified as needing follow-up care and they do not have a provider to go to, the athlete/their caregiver may be contacted by National Care Advisors (NCA).

NCA has partnered with Special Olympics to offer athletes and their caregivers support in coordinating follow-up care appointments free of charge.

Since 2008, National Care Advisors has supported individuals with complex care needs in the areas of life care planning, quality of life, insurance and benefits, education, and case management.

NO ALCOHOL

The consumption of alcohol by all persons associated with Special Olympics New York is prohibited from the time of departure for the event, until arrival back at your Region/Area.



NO SMOKING



As part of the Special Olympics Healthy Athletes effort, Special Olympics New York has been designated Tobacco Free. Smoking and use of other tobacco products (such as snuff and chew) will not be permitted at any Special Olympics training or competition, except in specific designated outdoor area.

Anyone found using tobacco will be asked to stop.

Control Center

The EMS volunteers at Fall Games will provide 24 hour coverage for all athletes and coaches in attendance. You, as a coach, serve as the liaison between medical volunteers and your athletes. Special Olympics NY encourages you to handle any minor situation you can.



Medical volunteers are available at all competition, housing, and special event venues throughout games. If you are unable to immediately locate the medical volunteer, call the Control Center.

Emergency Numbers:

Control Center: Phone: (315) 320-7820
Fax: (315) 320-7822

All Others: 911

Local Hospital:

Glens Falls Hospital 100 Park St, Glens Falls, NY 12801

The area code for the area is **(518)**

Emergencies should be reported IMMEDIATELY to the police, who will dispatch assistance as needed and you should then contact the Control Center.

The following types of incidents should be reported directly to the police:

Serious or Life Threatening Situations - accidents, injuries or situations where participants have been seriously harmed. This includes transports to the hospital for all injuries, admissions to the hospital, etc.

Potentially Dangerous or Hazardous Situations - such as extreme cold, overcrowding, severe weather, etc. which requires immediate action and response to avoid serious damage or harm to participants.

Report of Serious Crime - including allegations of crimes involving force, sexual misconduct, controlled substances and/or those which threaten the health and safety of participants.

Emergency Protocols

Non-emergency incidents should be reported directly to the Control Center. Types of incidents that should be reported to the Control Center are as follows:

Violations - of SONY's policy on the strict prohibition of Alcohol by all people associated with any event which involves athletes in training or competition.

Media Exposure - any situation or complaint which may result in negative or controversial media exposure and will require implementation of SONY's Crisis Communication Plan. This would typically be disgruntled volunteers, spectators, parents, etc., any type of boycott/demonstration, etc. Please ALSO notify the police.

Other Incidents/Situations - which may not be of an emergency nature, but should be reported in the event an incident report needs to be filed, as well as for information/communication purposes should the situation arise again.

Hotel Emergency Evacuations—whether emergency or drills, when the alarm sounds safely exit the building using the nearest safe stairwell. **Do not use elevators. Evacuations are mandatory.** Do not take time to gather personal belongings.



LEAVE THE BUILDING

1. Follow the signs and exit the building as quickly and safely as possible and proceed away from the building.
2. Once outside the building follow all instructions given to you.

The Head of Delegation and/or On-Call Regional Staff Member should report any missing persons or injuries to the emergency responders; Fire Department, etc. SONY Medical protocol will then follow.

NO ONE MAY NOT RE-ENTER THE BUILDING UNTIL IT IS DECLARED SAFE BY THE FIRE DEPARTMENT, AND THEY HAVE AUTHORIZED RE-ENTRY.

Protest Procedure

Protests on sports rules infractions may be filed by notifying the Sport Director at each venue. Please remember that judgment calls, heating, divisioning, etc., are not protestable.



Protest forms must be completed and turned in to the Sport Director at each venue, who will then page the necessary individuals for deliberation.

Protest must be lodged no later than 30 minutes following the event. In the case of team sports, officials must be notified of a protest at the point of contention, with the remainder of the games being played under protest.

Whenever possible, awards presentations will be held until resolution of the protest. Should awards be distributed prior to the resolution, and the outcome of the protest results in different awards placements, duplicate awards will be presented. Awards will not be taken away from an athlete once received in the awards ceremony.

Proper Competition attire

Please be aware that we will be following Special Olympic General Rules which clearly states that “proper attire is required for all of our competitions”. If coaches have any questions about what constitutes “proper attire” please review sports rules found for each sport at www.specialolympics.org

Be aware, not wearing proper attire is grounds for automatic disqualification from competition. Let's all be proactive and avoid any unfortunate incidents.

Resources

Use this QR code to find State Fall Games resources: maps, policies, etc.



Survey

Help us, help you, by filling out the survey using this QR code. We want to hear from all of you- Athletes, Unified Partners, Coaches, Sport Assistants/Chaperones, HODs, EMS, Sport Directors and Venue Captains!

Please complete by October 28th—this will take approximately 10 minutes to complete.

Thank you for your help. We hope you had a great time!

