

**Special
Olympics
New York**



**Powerlifting
Volunteer Information**

**Date: Saturday, June 6th
Time: 7:30am-4:00pm**

Location: Adirondack Bank Center
at the Utica Memorial Auditorium

Address:
400 Oriskany St W,
Utica, NY 13502

Parking: Park in the lot across from the
Labatt Blue Entrance on Auditorium Dr.

Check-In: Head inside and once in the front lobby, go through the doors and check in at the volunteer registration table.

If you pre-registered online, give your name and show your ID to be checked in. If you have not been able to pre-register, be prepared to fill out volunteer paperwork and show your ID. Please take a Special Olympics NY credential and write your name on it.

Training: After you check in and have your credential, training is on-site.

Description: Be on the platform and hear the grunts! We won't ask you to squat or deadlift, but volunteers are needed as spotters, loaders, scorers, and venue support. Spotters support lifts, help return weights safely to the rack, and help guide the weight during a lift if necessary. Loaders swap weights between lifts.

Lunch is not provided, please bring a bag lunch with you.

Qualifications: *Ability to lift up to 55 pounds*. Please have a can-do, flexible attitude with ability to be on your feet for stretches of time. Dress in sneakers and comfy clothes.

Thank you for being a part of the 2026 Summer Games volunteer team!

