

***Special  
Olympics  
New York***



**Powerlifting  
Volunteer Information**

**Date:** Saturday, June 21st

**Time:** 7:30am-4:00pm

**Location:** Ithaca College, Athletics & Events (A&E) Center, Glazer Arena

**Address:**

150 Lyceum Drive

Ithaca, NY 14850

**Parking:** Park in Lot M at the Athletics & Events Center

**Check-In:** Walk into the A&E Center, lower level. Check in at the volunteer registration table.

If you pre-registered online, give your name and show your ID to be checked in. If you have not been able to pre-register, be prepared to fill out volunteer paperwork and show your ID.

Please take a Special Olympics NY credential and write your name on it. This is used to identify each of the volunteers.

**Training:** After you are all checked in and have your credential, walk into Glazer Arena. Training is on-site.

**Description:** Be on the mat and hear the grunts! We won't ask you to squat or deadlift, but you are needed to assist as spotters and rackers - support lifts, help return weights safely to the rack, help guide the weight during a lift if necessary, and other needs as determined at the event.

**Qualifications:** Ability to lift up to 45 pounds. A can-do, flexible attitude with ability to be on your feet for stretches of time.

**Thank you** for being a part of the 2025 Summer Games volunteer team!