

Capital District Region

Regional Team and Unified Team Bowling Competition

**Sunday March 24th, 2024**

**LOCATION:** King Pin’s Alley Family Fun Center

166 Saratoga Ave

South Glens Falls, NY 12803

**REGISTRATION:** This event offers competition for athletes that have been training in Bowling.

**In order to register for this event, each training club MUST have a current roster on file with the Regional Office. Please contact ekromer@nyso.org or *(518) 388-0790 ext 8131* if you need to update your roster.**

**Registration forms for athletes and coaches should be submitted no later than** **Wednesday March 13th, 2024** to Erik Kromer by ***fax at (518) 612-4060*** or ***email at*** [***ekromer@nyso.org***](mailto:ekromer@nyso.org). All registered athletes must have a current medical and consent and all registered coaches must be up to date and certified Special Olympics Coaches.

**AREAS/REGIONS:** Capital District and North Country Training Clubs are invited to participate.

**AWARDS:** Athletes will be awarded medals or ribbons, depending upon place.

**DIRECTIONS:** Northbound: Take I-87 to Exit 17. Merge onto Route 9. Destination is on the left. Southbound: Take I-87 to Exit 18. Continue on Main St/Broad St. Take the first exit at the circle onto Main St./US-9. Destination is on the right.

**EVENT SCHEDULE**

*(Subject to change)*

12:30 -1:00 pm Athlete Registration

Volunteer Registration

1:15 pm Coaches Meeting

1:30 pm Opening Ceremonies

1:40 pm Athlete Warmups

1:45 - 3:30 pm Competition

Awards at conclusion of Event

**Food will not be provided** **at this event.**