Elmira Swim Meet





Saturday May 4th

Ernie Davis Academy Pool

933 Hoffman St Elmira, NY 14905

REGISTRATION INFORMATION:

REGISTRATIONS DUE NO LATER THAN:

Friday, April 19th

PLEASE EMAIL REGISTRATIONS TO:

bmihm@nyso.org

Questions? Please Contact Betsy Mihm bmihm@nyso.org

EVENT RULES:

- Medicals and Consents must be provided to the regional office and be present at registration
- Athletes must wear appropriate swimwear
- Individual qualifying times must be present on registration forms in order to ensure competitive divisions
- Lunches will NOT be served at this event!
- Athletes may enter two fundamental events OR two individual events and one relay
- Athletes registered for fundamental events are responsible for their own flotation equipment. Flotation device must be attached to the athletes body and keep the athletes head above water
- All spectators will be required to remain separate from the participants. If you need to be with an athlete, please register.

GENERAL SCHEDULE:

8:30am-Volunteer Arrival

9:00am-Athlete Arrival

9:30am-Opening Ceremonies

9:45am-11:45am-Competition

Fundamental Events:

15M Walk

15M Assisted*

*coach or asst. is in the water w/athlete

15M Flotation

15M Kickboard

15M Unassisted

25M Floatation

AWARDS WILL BE GIVEN AT THE CONCLUSION

Individual Events:

25M Free/Back/Breast/Butterfly/Floatation/Kickboard
50M Free/Back/Breast/Butterfly
100M Free/Back/Breast/Butterfly
100M Individual Medley
4X25M Free & Medley Relays
4X50M Free & Medley Relays

AWARDS WILL BE GIVEN AFTER EACH RACE