

Super Regional Track and Field

**Special
Olympics**
New York



Saturday May 4th

Avon Central Schools
245 Clinton Street
Avon, NY 14414

GENERAL SCHEDULE:

8:00am-9:00am

Volunteer Registration

8:45am-9:15am

Athlete Registration

9:30am

Parade Formation

9:45am

Opening Ceremonies

11:00am

Competition Begins

Track Events:

50M Dash

100M Dash/Walk

200M Dash

400M Dash/Walk

800M Run/Walk

1500M Run

4x100M Relay

Wheelchair & MATP Events:

25M Walk

Ball Throw Distance

10M Wheelchair

25M Wheelchair

25M Electric Wheelchair Obstacle

30M Electric Wheelchair Slalom

Field Events:

Shot Put

Softball Throw

Mini Javelin

Run Long Jump

Stand Long Jump

REGISTRATION INFORMATION:

Registration Forms Due: FRIDAY APRIL 12th

Please email your registrations to:

JENN LANG at : trackfield.jenn@gmail.com

Please contact Jenn for questions regarding event information!

EVENT RULES:

Athletes 8 years or older may enter any two events and one relay.

Athletes 7 years and under may participate under the Special Olympics "Young Athletes" Program. Please register them accordingly.

Events previously referred to as the Wheelchair and Adaptive Games are now referred to as Wheelchair and MATP—Motor Activity Training Protocol events per Special Olympics International guidelines.

Athletes must wear appropriate athletic attire. Jeans are not permitted! Please bring appropriate cold-weather athletic gear.

Lunches will not be provided for athletes and coaches. Please plan to bring your own lunch. Concessions will be available for purchase.