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### Interested in a rewarding group or team-building experience?

- Volunteer groups are often formed by companies, community groups, sports teams, school clubs, and family/friends.
- Groups can be any size!
- Contact [volunteers@nyso.org](mailto:volunteers@nyso.org) to figure out the best placement for your group. It depends on which event you wish to volunteer for, how many people you aim to gather, which shift(s) you are interested in, and where Special Olympics New York needs more help.
- Whether you are forming a volunteer group for a State Games or a Regional Games, we will connect you with the staff member coordinating volunteers for that event.
- Group volunteer members will register the same way as individual volunteers, using our [volunteer portal](#). For help, see [these instructions](#).

#### Helpful Hints

- All volunteers must be age 13 or older.
  - Those ages 13 to 15 must be accompanied by an adult.
- No experience necessary.
- Training is onsite.

