



# Virtual Health & Wellness Forum

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## DIABETES 101

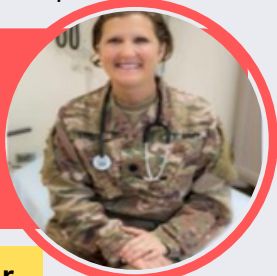
**TUESDAY, NOVEMBER 14 – 6:30 – 7:30PM**

*People with ID are 5 times more likely to develop diabetes than the general population, due to factors such as lack of education and access to quality healthcare. This forum will be an introduction to the **American Diabetes Association** and includes an overview of the diabetes epidemic.*

### **SPEAKER**

***Dana Alberico Lonis***

FAMILY NURSE PRACTITIONER  
ENDOCRINE/GLYCEMIC MANAGEMENT  
UPSTATE UNIVERSITY HOSPITAL



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Click the Forum calendar event on 11/14 to  
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Dana Alberico Lonis is a board-certified Family Nurse Practitioner with a post master's degree in education. She currently works at Upstate Medical Hospital with the Endocrine fellowship managing inpatient diabetes and has become passionate about treating the disease. This passion led her to the ADA where she is now a member of the Community Leadership board and speaks to people like you about diabetes.