



# 2023 Super Regional Cycling

**September 23, 2023**

**ARISE at the Farm**

**1972 New Boston Rd.**

**Chittenango, NY 13037**

## Sport Director

Margaret Kuhn

## Registrations Due

Monday, September 11th

## Schedule of Events

Registration: 10:00 AM

Opening Ceremonies: 10:30 AM

Competition: 11:00 AM

Awards & Lunch: 2:30 PM

## Send Registrations to:

Sean Coakley

Email: [scoakley@nyso.org](mailto:scoakley@nyso.org)

Fax: 315-625-3830

## Competition Guidelines

- Athletes will be divisioned based on qualifying times.
- Athletes should wear proper attire, no jeans, and helmets must be worn.
- Awards will be presented following the competition.
- Lunch will be provided for registered athletes and coaches

## Events Offered

250 M Time Trial

500 M Time Trial

1K Time Trial

5K Time Trial

5K Road Race

10K Time Trial