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Capital District Region

Gymnastics Invitational

**Sunday, May 21st, 2023**

**LOCATION:** World Class Gymnastics

630 Columbia St Ext #1

Latham, NY 12010

We will utilize both the front and back gym for competition

**REGISTRATION:** **In order to register for this event, each training club should have a current roster on file with the Regional Office. Please contact Erik at** [**ekromer@nyso.org**](mailto:ekromer@nyso.org) **or at 518-612-4060**

Registration forms for both athletes and coaches should be submitted no later than **Wednesday, May 10th, 2023** to Erik Kromer by ***fax at (518) 612-4060*** or ***email at ekromer@nyso.org***. All registered athletes must have a current medical, consent, and paperwork and all registered coaches must be certified Special Olympics Coaches accredited in Gymnastics.

**AREAS/REGIONS:** This is an invitational event for all interested Gymnastics teams

**MEALS:** FOOD/LUNCH WILL NOT BE PROVIDED

**AWARDS:** Athletes will be awarded at the conclusion of the event

**EVENT SCHEDULE**

*(subject to change)*

12:45-1:15pm Arrival/Registration

1:15pm Coaches Meeting

1:30pm Opening Ceremonies

1:45pm Competition Begins

Most Mens events are offered in the back gym

Most Women’s events offered in the front gym