

**Special
Olympics**
New York



Spring Games *North*

Registration Packet

Competition hosted by:

**Farmingdale
School District**

with support from

the Town of Oyster Bay



Town of
Oyster Bay
Long Island, NY

SATURDAY May 6, 2023



Spring Games North

May 6, 2023

Pre-Registration Information

Registration forms for **Spring Games North** will be due:

Friday, April 14th, 2023

Coaches will be able to come to the Special Olympics office anytime from

Monday, May 1st – Thursday, May 4th

Between **10:00 am to 4:00 pm** to pick up their pre-registration materials.

This will also be the place to confirm any expired coaches/athletes forms

*Please bring your medical & consent folder/binder
so we can check and make sure it is up to date.*

Pre-registration materials include:

- Wristbands for athletes, coaches, and volunteers
- Bibs
- Parking Passes
- Athlete T-shirts

**** Lunch Tickets will be given out at Coach Check-in at the event ****

**Each coach is required to submit a FULL
team Roster BEFORE you can register**
(Roster form is separate)



Events Offered

Athletics

(Track & Field)

Track Events

25M Assisted Walk	50M Assisted Walk
25M Dash	800M Run
50M Dash	1500M Run
100M Dash	3000M Run
200M Dash	5000M Run
400M Run	400M Walk
100M Walk	Pentathlon
4 x 100 Relay	

Field Events

Softball Throw	Shot Put
Running Long Jump	Standing Long Jump
High Jump	Javelin Throw
Tennis Ball Throw	

Wheelchair Races

10 Meter Wheelchair Race	25 Meter Motorized Wheelchair Obstacle Race
25 Meter Wheelchair Race	30 Meter Motorized Wheelchair Slalom
50 Meter Wheelchair Race	50 Meter Motorized Wheelchair Slalom
100 Meter Wheelchair Race	
200 Meter Wheelchair Race	
4 x 25 Meter Wheelchair Shuttle Relay	



Swimming

15Y Assisted	25Y Butterfly	100Y Freestyle	200Y Freestyle	400Y Individual Medley
15Y Unassisted	50Y Freestyle	100Y Backstroke	200Y Backstroke	500Y Freestyle
25Y Freestyle	50Y Butterfly	100Y Breaststroke	200Y Breaststroke	
25Y Backstroke	50Y Backstroke	100Y Butterfly	200Y Butterfly	
25Y Breaststroke	50Y Breaststroke	100Y Individual Medley	200Y Individual Medley	
4 x 25 Free Relay	4 x 25 Medley Relay	4 x 50 Free Relay	4 x 50 Medley Relay	

Tennis

Powerlifting



DIVISIONING

- All Athletes will be divisioned based upon either entry times, distances, or scores
- Make sure you put the correct times and/or distances on the registration form
- The Games Management Team, in conjunction with sport officials, have the right to disqualify athletes if their final times, distances, or scores are significantly greater than their entry times, in accordance with Special Olympics Sports Rules Article 1.

Be sure to email, or fax all registration forms to:

Emmanuel Lindsay
Associate Director of Competition
ELindsay@nyso.org

Fax: 646-893-6219

**** NO REGISTRATION FORMS WILL BE ACCEPTED
WITHOUT ACCURATE TIMES, SCORES, AND/OR
DISTANCES ****

Schedule of events

- | | |
|----------------------|----------|
| • Coach Check-In | 7:30 am |
| • Parade Staging | 9:00 am |
| • Opening Ceremonies | 9:30 am |
| • Competition begins | 10:30 am |
| • Day Ends | 4:00 pm |





Developmental Sports

Young Athletes

Track

Venues:

Track & Field, Swimming & Powerlifting

(Middle School Track)

Howitt Middle School
522 Conklin St.
Farmingdale, NY

Tennis

Allen Park
45 Motor Ave.
Farmingdale, NY

* * Tennis will have shuttle buses. We suggest parking at the venue first, then shuttle to the middle school for opening ceremonies. You will then be shuttled back to the venue. After the competition, you can leave right from the venue





Competition Attire

Athletes should be appropriately outfitted for competition in sweatpants, t-shirt, shorts, etc. Bib numbers must be visible during competition.

***Jeans/Denim or Khaki's
are NOT permitted!!!***

*(If an athlete is caught wearing jeans/denim or khaki's
they will be **DISQUALIFIED**)*

Directions to Special Olympics Office:

- **Via Long Island Expressway:** Take exit 49S (Rte. 110) Stay Straight and 560 Broadhollow will be on your right (west side of 110)
- **Via Southern State Parkway:** Take exit 32N (Rte 110). Go about 5 miles and 560 Broadhollow will be on your left (west side of 110).

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***** Coaches and/or Class A volunteers must remain with
their athletes and keep a 3:1 ratio at all times *****