



**Special
Olympics**
New York



**New York City Region
Fieldston
Basketball & Swimming Invitational
Registration Packet**

Date: Saturday April 29th, 2023

Location: Fieldston Upper School 3901
Fieldston Road
Bronx, NY 10471

Registration
Deadline: **Wednesday April 5th, 2023**

Send to: Emmanuel Lindsay
Special Olympics New York
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802 New York, NY 10017
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elindsay@nyso.org





Events Offered

Basketball

Swimming

Event	Code	Event	Code
25Y Backstroke	SW25BK	100Y Freestyle	SW100MF
25Y Breaststroke	SW25BS	100Y Individual Medley	SW100IM
25Y Butterfly	SW25BF	200Y Backstroke	SW200BK
25Y Freestyle	SW25MF	200Y Breaststroke	SW200BS
50Y Backstroke	SW50BK	200Y Butterfly	SW200BF
50Y Breaststroke	SW50BS	200Y Freestyle	SW200MF
50Y Butterfly	SW50BF	200Y Individual Medley	SW200IM
50Y Freestyle	SW50MF	400Y Individual Medley	SW400IM
4x25 Free Relay	SW4x25MF	500YD Freestyle	SW500MF
4x25 Medley Relay	SW4x25MR	4x50 Free Relay	SW4x50MF
100Y Backstroke	SW100BK	4x50 Medley Relay	SW4x50MR
100Y Breaststroke	SW100BS		
100Y Butterfly	SW100BF		

Quotas

This event has an open quota for Aquatics. We can accept many aquatics athletes, but we are limited to 12 basketball teams. Please contact Emmanuel Lindsay immediately to ensure that we will have space for your basketball team.

Your coaches' quota is determined by the number of athletes you bring. Each training club is entitled to 3 coaches per team and 1 coach per four athletes in aquatics. Please be aware that all aquatics coaches must be certified in aquatics.





Competition Guidelines

Basketball Team

- Teams must have a minimum of seven players to compete
- Teams may register a maximum of ten players
- All players on the roster must play during the course of each game

Divisioning

- Basketball teams will take place in pairing games
- Brackets will be determined at the conclusion of pairing games
- Coaches must play all of their players in their normal positions so that accurate assessments of each team can be made
- Swimming athletes will be placed in divisions based upon entry times

Awards

- Basketball Team awards will be presented at the completion of each divisions tournament bracket.
- Swimming awards will be presented throughout the day upon the conclusion of each event.

Attire

Athletes should be properly attired for competition. Jeans (of any color) are not permitted and **athletes wearing jeans will not be allowed to compete.**

All players must wear basketball attire with identifying numbers and flat rubber sole athletic shoes.





Team uniform shirts and shorts must be identical in trim color and style.

Undershirts, if worn, must match the color of the body of the uniform (not the trim) and must be identical in color.

Undershirts may be worn by some or all of the players, and may be short sleeve or tank top (no cut or ragged edges are allowed).

Head Coverings: Head coverings for religious reasons must be documented with prior to tournament play and meet the same safety standards as for a medical head covering. Head covering must be of a single, solid color unadorned. This includes, but not limited to, sequins, trimmings, or any other forms of decorations. The only exception is an athlete may wear a head band no wider than two in and made of nonabrasive, unadorned single colored cloth, elastic, fiber, soft leather or rubber. Rubber/cloth (elastic) bands may be used to control hair. They do not need to match uniform color. Sweatbands are also allowed. In the event an athlete is required by a licensed medical physician to cover his or her head with a covering or wrap, the physician's statement must be on file before it can approve a covering or wrap, which is not abrasive, hard, or dangerous to any other player and which is attached in such a way that is highly unlikely to come off during play

Each player should have a number on the front and back of the shirt.

The following numbers are admissible for basketball competition:
0,1,2,3,4,5,10,11,12,13,14,15,20,21,22,23,24,25,30,31,32,33,34,
35,40,41,42,43,44,45,50,51,52,53,54,55





Athletes participating in aquatics must be properly attired in bathing suits – athletes wearing shorts will not be allowed to compete.

Lunch

- Lunch will be provided for all registered athletes and coaches.
- Lunch tickets will be provided for each training club based on request
- Only the lunch printed on each ticket will be given to the individual. Changes will not be permitted day of competition.

Schedule of Events

Time	Event
8:30 a.m. – 9:30 a.m.	Coach Check In
9:30 a.m. – 10:00 a.m.	Opening Ceremonies
10:00 a.m. – 10:30 a.m.	Pairing Games
10:30 a.m. – 10:45 a.m.	Coaches Meeting
10:45 a.m. – 4:00 p.m.	Competition Begins
11:00 p.m. – 3:00 p.m.	Performance Stations
12:00 pm - 3:00 p.m.	Lunch





Certifications

- Aquatics: All Swimming coaches must be certified in Swimming.
- Basketball Team: All coaches must be certified in Basketball.

Should you have any difficulty or questions about meeting these requirements, please contact Lindsey Coyle at lcoyle@nyso.org prior to the registration deadline.

Additional coaches above your quota number must be pre-registered with your contingent and approved by SONY. These individuals are not required to be certified, though it is recommended. Additional coaches typically include bus drivers, agency personnel or additional chaperones for athlete supervision, and are to be brought at the contingent's expense unless otherwise approved.





Policies/Coaches Responsibilities

Policy on the consumption of alcohol

In 1989 the Special Olympics New York Board of Directors voted to eliminate the consumption of alcohol from all Special Olympics training and events, which includes all competition and training on local, area, sectional, and state levels. Consumption of alcohol is forbidden for any persons associated with this event from time of departure to the event to arrival back to the Area.

Medical Information

- Coaches must be familiar with participants' health problems, medications and dosages.
- First Aid personnel will be in attendance for the entire event. Medical personnel are trained in both CPR and First Aid and will be readily identifiable
- All accidents and medical concerns must be reported to medical personnel regardless of the magnitude of the incident.

Coaches Responsibilities

Coaches attending the NYC Region Fieldston Basketball & Swimming Invitational must accept and carry out the following responsibilities:

- Compliance with SONY's prohibition of alcohol and controlled substances at Special Olympics events.
- Providing for the general safety, health, welfare and well being of each athlete in his or her charge.





Directions/Parking Information

Transportation

Each Contingent is responsible for providing transportation to and from the area for the competition. If that is not possible please contact David Durandisse to coordinate transportation.

Venue Location

All events will be held at Fieldston Upper School. We will be utilizing the Main Gym, Lower Gym, and Swimming Pool.

Directions

BY CAR

From Points North

Go south on the Saw Mill River Parkway, which becomes the Henry Hudson Parkway, and exit at 246th Street. Continue south on the service road to traffic light (246th Street). Make a left turn, cross over parkway, and continue to second stop sign (Fieldston Road). Make a right turn onto Fieldston Road and proceed straight ahead to the campus. The driveway for Fieldston (administration building) is to your right; the driveway for Fieldston Lower is to your left.

From Points South

Travel north on the West Side Highway, which becomes the Henry Hudson Parkway, and take the exit (exit 21) at 246th Street. At the first traffic light (W.246th Street) turn right- proceed 2 stop signs to Fieldston Road. Make a right turn onto Fieldston Road and proceed straight ahead to the campus. The driveway for Fieldston (administration building) is to your right; the driveway for Fieldston Lower is to your left.

From Points West

Cross the George Washington Bridge, travel north on the Henry Hudson Parkway and proceed as from points south (see above).

From West Side Manhattan

See directions for "points south."

From East Side Manhattan





Travel north on the Major Deegan Expressway (Route 87), take exit 11 at Van Cortlandt Park South, bear right and cross over expressway. Go west to Broadway, turn right, continue to second traffic light (242nd Street) and turn left. Bear left onto Manhattan College Parkway and go up the hill past Manhattan College to the Fieldston campus. The first driveway on your left takes you to Fieldston Lower, and the second driveway is for Fieldston.

BY SUBWAY

West Side

7th Avenue IRT - Van Cortlandt Park train #1 local (do not take express train) to 231st Street, and then either the #1, #7, or #10 bus to 239th Street. Walk north around curve on Manhattan College Parkway to Fieldston on the right. The entrance to the quad is at the top of the first driveway. Or, take a taxi from the subway station (about \$4). You may also take the same train to 242nd Street, exiting by the stairway leading south, go west on 242nd Street and then walk up the hill on Manhattan College Parkway to Fieldston. 8th Avenue IND - Take the "A" train (express) to 207th Street, exiting at the furthest uptown exit. Then take the #7 bus going north to 239th Street. Continue walking north around the curve on Manhattan College Parkway to Fieldston. Or, take a taxi from the subway station (about \$5).

East Side

Take any crosstown subway or bus transportation to make a connection with the West Side subways (see above).

BY BUS

From Manhattan

BxM1 and BxM2 express buses run by the city between Riverdale, Bronx and East & West Midtown, Manhattan travel via East Side and West Side routes. For information on schedules and stops, call (718) 334-3100 or go to www.mta.info/busco/schedules. Disembark at 239th Street, walk around curve on Manhattan College Parkway to the Fieldston Campus.

