

POWERLIFTING

ATHLETE FORM

INSTRUCTIONS

- 1 Enter the last name, first name, date of birth, and gender of all athletes that are being registered
- 2 Athletes must be 14 years old as of the day of the event. Athletes may enter in both Bench Press & Dead Lift.
- 3 Flights will be by weight class.
- 4 Lack of entry score at registration or weigh in will result in an athlete being placed in a higher division.
- 5 Enter each athletes maximum lift (in pounds) and the code for their weight class.
- 6 Accuracy of entry score is crucial for fair competition and divisioning. THERE IS NO DIVISIONING ROUND IN THIS COMPETITION

TEAM NAME

REGION

ACTIVE ATHLETES			NICKNAME	DATE OF BIRTH	GENDER		CLASS CODE	BENCH PRESS	DEAD LIFT	COMBO
#	LAST NAME	FIRST NAME		(MONTH/DAY/YEAR)	M	F				
1										
2										
3										
4										
5										
6										
7										
8										
9										
10										
11										
12										
13										
14										
15										
16										



POWERLIFTING

COACH FORM



**Special
Olympics**
New York



INSTRUCTIONS

1. All coaches within your quota must be certified.
2. All volunteers for team must be registered. This includes coaches, agency staff, one-on-ones, etc.
3. Alternate coaches are to replace coaches unable to attend games.

TEAM NAME		REGION	
-----------	--	--------	--

ACTIVE COACHES			DATE OF BIRTH (Month/Date/Year)	GENDER		Certification Current?	
#	Last Name	First Name		M	F	Yes	No
1							
2							
3							
4							
5							

1:1 CHAPERONES (MUST BE CLASS A CERTIFIED)			DATE OF BIRTH (Month/Date/Year)	GENDER		Certification Current?	
#	Last Name	First Name		M	F	Yes	No
1							
2							
3							

ALTERNATE COACHES			DATE OF BIRTH (Month/Date/Year)	GENDER		Certification Current?	
#	Last Name	First Name		M	F	Yes	No
1							
2							
3							
4							
5							