



Regional Athlete Leadership Council Operational Plan

Regional Athlete Leadership Councils- Term of 3 years

- Each region to determine their own meeting cadence; in-person and virtual
- Quarterly calls – regional staff and OER – discussion topics to include tracking forms, what's going well and challenges

Year 1: Guiding Principles of Athlete Leadership- Core I Modules

[Link to materials](#)

**headshots, business cards, ALC swag*

1st Quarter: *Intro To Athlete Leadership* and Understanding Special Olympics NY (organizational overview and region facts)

2nd Quarter: *Understanding Leadership*, choice of elective

3rd Quarter: *Understanding Emotions*, telling your story, choice of elective

4th Quarter: *Managing Time*, choice of elective

Year 2: Advanced Principles of Athlete Leadership – Core II Modules

[Link to materials](#)

1st Quarter: Review of previous year course materials, choice of elective

2nd Quarter: *Leading Discussions*, choice of elective

3rd Quarter: *Unified Leadership*, choice of elective

4th Quarter: Understanding Special Olympics New York leadership Roles; Athlete Representative, Sport Leaders, Health Messenger, Event Coordinator, Global Messenger

Year 3: Personal and Professional Development Modules

Materials to be released by SOI in 2022

[Link to folders](#)

1st Quarter: Review of previous year course materials and choice of elective

2nd Quarter: *Developing personal skills*, writing your resume and choice of elective

3rd Quarter: *Developing professional skills*, Interview skills, choice of elective

4th Quarter: Graduation

Curriculum:

Core coursework will consist of SOI materials and electives.

Electives can be but are not limited to (be creative):

- Creating and writing your story
- Developing your elevator speech
- Public Speaking/Media training
- Dress for success
- Etiquette; meal, meeting, etc
- Interview Training



Once core modules are completed, continued training topics are:

- How to enhance your local program
- Understanding sport management
- Understanding event management
- Specific initiatives; health program, young athletes

Elections to Statewide ALC:

At least 1 ALC member from each region to advance to the statewide ALC

1. Nominations by regional ALC members and staff
2. Once nominated athletes to present speech to region ALC and staff
3. Region ALC and staff will vote

Tracking:

Who: Volunteer coordinator, regional staff

What: Quarterly reporting will consist of courses/electives completed, number of athletes trained and opportunities presented to athletes to execute training (speaking engagements, planning of local fundraisers, volunteering at program events, etc.)

Where: tracking form (developed and distributed by OER)

ALC Timeline: *using 2022 start year as example*

2022- Statewide Council, 1 year for current class

2022 - Regional ALC program starts officially

2023 - Regional Councils-push new members up to statewide council

2023 - Statewide new class starts

Once graduated, athletes can be called upon for speaking engagements, committee work, leveling up to US based ALC programs.

Resources:

[Link to all Materials](#)

Beginning of year Survey: *TBD*

End of year Survey: *TBD*

Quarterly reports: *TBD*