

Super Regional Track and Field

**Special
Olympics**
New York



Saturday May 7th
Avon Central Schools
245 Clinton Street
Avon, NY 14414

GENERAL SCHEDULE:

7:30am-8:30am

Volunteer Registration

8:45am-9:15am

Athlete Registration

9:30am

Parade Formation

9:45am

Opening Ceremonies

11:00am

Competition Begins, Young Athletes
stations, and Lunches Available

Track Events: Events:

50M Dash

100M Dash/Walk

200M Dash

400M Dash/Walk

800M Run/Walk

1500M Run

4x100M Relay

Wheelchair & MATP Events:

25M Walk

Ball Throw Distance

10M Wheelchair

25M Wheelchair

25M Electric Wheelchair Obstacle

30M Electric Wheelchair Slalom

Field

Shot Put

Softball Throw

Mini Javelin

Run Long Jump

Stand Long Jump

REGISTRATION INFORMATION:

Registration Forms Due: TUESDAY APRIL 19th

Please email your registrations to:

JENN LANG at : trackfield.jenn@gmail.com

Please contact Jenn for questions regarding event
information!

EVENT RULES:

Athletes 8 years or older may enter any two
events and one relay.

Athletes 7 years and under may participate under
the Special Olympics "Young Athletes" Program,
which will include a variety of motor learning activ-
ities and allow them to receive an award for Young
Athletes participation.

Events previously referred to as the Wheelchair
and Adaptive Games are now referred to as Wheel-
chair and MATP—Motor Activity Training Protocol
events per
Special Olympics International guidelines.

Athletes must wear appropriate athletic attire.
Jeans are not permitted! Please bring
appropriate cold-weather athletic gear.