



**Special
Olympics**
New York



New York City Region SUNY Maritime Swim Meet Registration Packet

Date: Saturday, April 2nd, 2022

Location: SUNY Maritime
6 Pennyfield Ave
Bronx, NY 10465

Registration
Deadline: **Friday March 18th, 2022**

Send to: Emmanuel Lindsay

Special Olympics New York
211 East 43rd Street, Suite
802 New York, NY 10017
Fax: (212) 661-4658
Phone: (646)893-6219

Email to:

elindsay@nyso.org

Special Olympics
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Events Offered

Swimming

Event	Code	Event	Code
10M Assisted	AQ10AS	100M Backstroke	AQ100BK
15M Assisted	AQ15MA	100M Breaststroke	AQ100BS
15 Unassisted	AQ15US	100M Butterfly	AQ100BF
25M Backstroke	AQ25BK	100M Freestyle	AQ100MF
25M Breaststroke	AQ25BS	100M Individual Medley	AQ100IM
25M Butterfly	AQ25BF	200M Breaststroke	AQ200BS
25M Freestyle	AQ25MF	200M Butterfly	AQ200BF
50M Backstroke	AQ50BK	200M Freestyle	AQ200MF
50M Breaststroke	AQ50BS	200M Individual Medley	AQ200IM
50M Butterfly	AQ50BF	400 Individual Medley	AQ400IM
50M Freestyle	AQ50MF	400M Freestyle	AQ400MF
4x25 Free Relay	AQ4x25MF	4x50 Free Relay	AQ4x50MF
4x25 Medley Relay	AQ4x25MR	4x50 Medley Relay	AQ4x50MR

Quotas

This event has an open quota for swimming. We can accept many swimming athletes.

Your coaches' quota is determined by the number of athletes you bring. Each training club must have one coach per four athletes in swimming. Please be aware that all swimming coaches must be certified in swimming.



Competition Guidelines

Divisioning

- Swimming athletes will be placed in divisions based upon entry times

Awards

- Swimming awards will be presented throughout the day upon the conclusion of each event.

Attire

- Athletes participating in swimming must be properly attired in bathing suits – athletes wearing shorts will not be allowed to compete.

Lunch

- Lunch will not be provided for this competition

Schedule of Events

Time	Event
9:00 a.m. – 10:00 a.m.	Coach Check In
10:00 a.m. – 10:30 a.m.	Opening Ceremonies
10:30 a.m. – 1:30 p.m.	Competition



Certifications

- Swimming: All Swimming coaches must be certified in Swimming.

Should you have any difficulty or questions about meeting these requirements, please contact Lindsey Coyle at lcoyle@nyso.org prior to the registration deadline.

Additional coaches above your quota number must be pre-registered with your contingent and approved by SONY. These individuals are not required to be certified, though it is recommended. Additional coaches typically include bus drivers, agency personnel or additional chaperones for athlete supervision, and are to be brought at the contingent's expense unless otherwise approved.



Policies/Coaches Responsibilities

Policy on the consumption of alcohol

In 1989 the Special Olympics New York Board of Directors voted to eliminate the consumption of alcohol from all Special Olympics training and events, which includes all competition and training on local, area, sectional, and state levels. Consumption of alcohol is forbidden for any persons associated with this event from time of departure to the event to arrival back to the Area.

Medical Information

- Coaches must be familiar with participants' health problems, medications and dosages.
- First Aid personnel will be in attendance for the entire event. Medical personnel are trained in both CPR and First Aid and will be readily identifiable
- All accidents and medical concerns must be reported to medical personnel regardless of the magnitude of the incident.

Coaches Responsibilities

Coaches attending the NYC Region SUNY Maritime Swim Meet must accept and carry out the following responsibilities:

- Compliance with SONY's prohibition of alcohol and controlled substances at Special Olympics events.
- Providing for the general safety, health, welfare and well being of each athlete in his or her charge.



Special Olympics New York 2022 NYC Region SUNY Maritime Swim Meet

Contingent Information Sheet

Training Club:	
Head Coach:	
Phone #:	
Total # of athletes:	
Total # of coaches:	
Total # of both athlete & coaches:	
Will the training club be traveling together? :	
If not how will the training club be traveling? :	
Who will be registering your entire contingent?	
Date:	



Transportation Request

Event Name	NYC Region SUNY Maritime Swim Meet
Training Club Name	
Pick Up Time	
Pick Up Location	
Address	
City/State/Zip	
Emergency Contact Name	
Emergency Phone Number	
Total # Athletes Riding	
Total # Coaches Riding	

Please fill in each space completely and accurately. I need the phone number of the individual in charge, so that he/she may be informed of any unexpected turn of events.

Questions about transportation? Contact Emmanuel Lindsay at elindsay@nyso.org or (646) 893-6219. Thanks!



Directions/Parking Information

Transportation

Each Contingent is responsible for providing transportation to and from the area for the competition. If that is not possible please contact Emmanuel Lindsay to coordinate transportation.

Venue Location

All events will be held at SUNY Maritime. We will be utilizing the Swimming Pool.

Directions

Public transportation:

From Manhattan: Take the 6 train (green line) Uptown to Westchester Square Station and change to the Bx40 bus. Our campus is the last stop. Further information, including schedules, can be found at the MTA website.

The MTA offers express bus service between Manhattan and Throgs Neck. The BxM9, a second option, is an express bus costing \$5.50 each way, and its bus stop is at the intersection of Pennyfield Avenue and Harding Avenue. Additional information, including schedules, are at

<http://www.mta.info/busco/schedules/bxm9cur.pdf>.

The Maritime College is easily accessible by car as follows:

From Brooklyn or Queens: Via the Whitestone Bridge: Pay toll at extreme right booth, take immediate right exit to traffic light, turn right to next traffic light, turn right then left onto I-295.



Keep to right and take EXIT 9 (Harding Ave/Fort Schuyler) just before Throgs Neck Bridge. At EXIT 9 (Harding Ave/Fort Schuyler) take left fork, then make immediate right on to Harding Avenue. Proceed along Harding Avenue to stop sign. Turn left on Pennyfield Avenue to Maritime College gatehouse.

From Manhattan (East Side): North on East River Drive (FDR Drive) to either:

(a) Willis Avenue Bridge (no toll) then keep right to Bruckner Blvd. to ramp leading to I-278 Bruckner Expressway, then follow Throgs Neck Bridge signs to EXIT 9 (Harding Ave/Fort Schuyler) just before bridge. At EXIT 9 (Harding Ave/Fort Schuyler) take left fork, then make immediate right on to Harding Avenue. Proceed along Harding Avenue to stop sign. Turn left on Pennyfield Avenue to Maritime College gatehouse.

(b) Triboro (aka RFK) Bridge (toll) follow "New England" signs to Throgs Neck Bridge signs to EXIT 9 (Harding Ave/Fort Schuyler) just before bridge. At EXIT 9 (Harding Ave/Fort Schuyler) take left fork, then make immediate right on to Harding Avenue. Proceed along Harding Avenue to stop sign. Turn left on Pennyfield Avenue to Maritime College gatehouse.

From Manhattan (West Side):

North on West Side Highway to 178 Street EXIT to I-95 North Cross Bronx Expressway. Follow Throgs Neck Bridge signs to EXIT 9 (Harding Ave/Fort Schuyler) just before bridge. At EXIT 9 (Harding Ave/Fort Schuyler) take left fork, then make immediate right on to Harding Avenue. Proceed along Harding Avenue to stop sign. Turn left on Pennyfield Avenue to Maritime College gatehouse.