



Special Olympics New York Medical Policy

- Eligible individuals register for Special Olympics training by completing the Medical Release form. Forms are available from the Regional Office and at <http://specialolympics-ny.org/stateforms/>.
- A valid form must be completed in full. The Athlete's full name, not a Nickname, must be identified. Be sure to list the Primary Training Club if known.
- Training Club Head Coaches **must collect and review the completed Medical forms before athletes are allowed to begin any participation in Special Olympics activities** (training or competition).
- The Medical Forms are valid for up to three (3) years.
- Training club Head Coaches are responsible to collect and maintain current medical forms for all athletes in the training club. A copy of the medical forms must be made and the originals will be submitted to the regional office.
- Medical forms must travel with the athletes to all training practices and competitions. In the event of an injury these records must be made available for Medical Personnel.
- Athletes without a valid original Medical form **on file with the Regional Office** will not be permitted to compete in Local, Regional or State competition.

Special Olympics New York Athlete Release Policy

- All athletes are required to have an Athlete Release Form completed before they can participate in any Special Olympics activities (training or competition).
- Athlete Release Forms for minors (under 18 years of age) must be completed by a parent or guardian. The Athlete Release Form is valid until the athlete turns 18 years of age.
- Athlete Release Forms for Adults (18 +years of age) can be completed by the athlete if they are able to independently provide consent, or by a parent or guardian. This release form does not expire once completed for an adult athlete.

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